

August 24, 2017

First LTHS Swim Parent Booster Club Meeting for the 2017-2018 school year

Call to Order at 6:10p.m.

Guest speaker introduced by Marcia Rausch:

Dr. Matt Lowe of Dynamic Sports Medicine (Gold Level Sponsor)

Dr. Lowe was the Chiropractor for the U.S. team at Nationals. He does Acupuncture, Dry Needling, & has lots of technology.

His practice is located at Bee Caves Road & 360 in the Westlake Medical Center.

Coach Lackey asked if he does "Cupping". Dr. Lowe said he does cupping & can instruct swimmers on how to use properly.

Kathy McCurley, Board President, explains fundraising efforts & benefits to sponsors. Booster Club Board introductions for this school year:

Kathy McCurley-President

Michele O'Keefe-Treasurer

Diedre Earle-Vice President, Community Relations

Steve Lee-Vice President, Meets & Events

Laura Orloff-Secretary

Parents should refer to our website for all information on swim meets and other business:

www.lthsswimdive.com

Bylaws were reviewed.

Booster club board members hold positions for 2 years. Any interest in fulfilling a board role, please let one of the board members know. Elections are in the Spring.

LTHS Swim Meet Season is over by the end of February, but the booster club will have one more meeting after that.

Booster Club will have 6 meetings throughout the swim season. Hoping all will be in room E-203.

Treasurer report: Not a lot of activity. Fiscal year started June 1st. Passed out a Statement of Financial Position. Smoothie King will give us one dollar for every smoothie they sell at our home swim meets. Smoothie King also sold smoothies at the LTHS Open House & our booster club made about \$87.. Smoothie King loves swimmers!

Required Activity fee for swimmers is \$185. Includes team competition suit, swim caps, team t-shirts, sweatshirt, or other Spirit Wear. Parents are asked to complete form & make check payable to LTISD. Please get this fee to Coach Lackey ASAP. Can send checks to school with your swimmer.

As a booster club, we have a no hassle fundraiser & are hoping for at least \$85 (can give more) from every family for donation to LTHS swim booster club. The Booster club supplements for better bus for travel, and a number of extra things (water, gatorade, snack for swim meets, etc). Hoping that we won't have to do other fundraisers throughout the season to meet our goal. If we don't get 100% participation in donations, we may have to do extra fundraisers.

Every meeting we will be talking about money spent by booster club & money brought in.

Vice president Deidre talks about the updated LTHS swim booster club website:

www.lthsswimdive.com

Please refer to the website for all signups & other important information. Please look at different tabs on website. A lot of information on the website. A lot of spirit wear items are available for purchase: shirts, ball caps, yard signs, bag tags, car & locker magnets, towels. Please complete form & make checks payable to "Lake Travis Swim & Dive Booster Club". In order to purchase towels, we must meet 24 towel minimum. Towels are personalized with swimmer's name. Deidre will send email about a possible, personalized water bottle order. Will probably need a minimum order in order for it to happen.

Website is updated through the month of December. Will update more as things come up for new year.

Coach's report: He's very excited & honored to be here at LTHS! Plans to critique every kid with their swimming. He appreciates President Kathy McCurley for all her assistance with helping getting situated as our new coach.

Coach Lackey promotes chiropractic care, if your swimmer needs it. Rescheduling Red & Black Meet for September 9th due to weather this weekend. Equipment & apparel will be handed out next week. Plan on watching films in practice for swimmers. Will begin dryland in a few weeks. Encouraging volunteering & participating as a parent. Schoology & Remind are set up. Swimmers will have assignments from time to time. The assignment they're working on now is "goal setting".

"Remind" & Schoology will be Coach Lackey's main form of communication.

Code for Schoology: QB2KK-RFBF9

To get set up with "Remind", text to 81010@ff4hke

Feel free to text Coach Lackey with anything you need. Texts will be responded to quicker than email. His cell number: 512-567-7696.

Can also email Coach Lackey on his school email, but will respond by end of the day most likely. Coach Lackey's email:
lackeym@lthsswimdive.com

Currently have 67 swimmers on the team. If swimmers would like to leave the swim team, they have 9 weeks to leave.

A dual meet against Vandegrift may happen in mid-September. In January, a meet is tentatively planned at Waterloo with 4 high school teams. A possible tri-meet may occur in October.

Round Rock Invitational & dual meets all swimmers can swim. All other meets, we are limited in number of swimmers. Only 4 swimmers allowed per event. Each swimmer is only allowed 2 single events & 2 relay events.

New Business:

Accountability:

Coach Lackey communicates with club coaches weekly. If you don't swim mornings, you should swim with LTHS all 3 mornings. Thursdays are mandatory days, except for Lost Creek Aquatics. Lost Creek Aquatics mandatory day is Friday.

Three ways in order to letter, 1)if you're a second year, and you put in 90% of practices & make all regular meets, you can letter. Or 2(you can qualify for Regionals & are at least a second year. Or 3 at Regionals, if you're top 8, you can letter even as a Freshman.

Coach is encouraging swimmers to take exams before out of town meets, if swimmer will be absent during an exam.

On Mondays & Wednesdays, swimmers need to be at the high school at the regular school time of 8:50a. Swimmers check in at the main cafeteria. In a couple months, it may change to a little earlier start time when dryland picks up. Have lockers for both girls & boys. Cafeteria will be open for kids to get breakfast around 9:15/9:30a. Swimmers are out of the pool around 8:45a.

If you take pictures at the swim meets, please update to our Shutterfly account & they can be used at the end of year swim banquet slide show. There is a tab on the LTHS swim website where you can access the Shutterfly. All pictures of swimmers are welcome!